

CAREGIVER SURVEY

The HEAL Project
www.igrivera.com

Are you a Caregiver? *The HEAL Project* defines **caregiver** as a parent (biological, adoptive, or legal guardian), family member (grandparents, godparents, aunt/uncle, etc.), advocate, or educator who works with young people and children. Please help *The HEAL Project* with your input on caregivers needs, fears, and share your thoughts around communicating with children about sex. In the survey below, "**the children**" refers to any child in your life that you may be raising, care for, educate, or advocate for.

1. In which **city** do you live? _____

2. Which **age** group do you belong to?
 18 & below 19-25 26-35 36-45 46-55 56 & above

3. Which of these best describes your **gender identity**? Please check all that apply. Man Woman Non-binary Transgender
 Gender Non-Conforming Genderqueer/Genderfluid Other _____

4. Which of these best describes your **sexual orientation**? Please check all that apply. Gay Queer Straight Bisexual/Pansexual
 Same-Gender-Loving (SGL) Other _____

5. Which of these best describes your **race, ethnicity, or cultural background**? Please check all that apply. If not indicated, add your race, ethnicity, or cultural background below. Asian Latinx Middle Eastern
 Black/ African American White/European Descent
 Native American/Indigenous/American Indian Other _____

6. Which of these best describes your **relationship with the children** in your life? Please check all that apply. If not indicated, add your connection to the children below.
 Biological Parent Caregiver/Gaurdian Adoptive Parent/Foster Parent
 Educator/Advocate/Professional
 Family Member (grandparent, godparent, aunt/uncle, etc.)
 Other _____

7. If you have spoken with the children about consent, bodies, sex, and/or sexuality, at **which age** did these conversations begin? _____ I have not spoken with the children.

8. **How often** have you been (or would like to be) having a conversation about bodies, consent, sex, and sexuality with the children?
 It was/it will be a one time conversation.
 I have had/will be having multiple conversations from puberty until adulthood.
 I have had/will be having ongoing conversations through their life and into adulthood.
 Other _____

9. How strongly do you agree with each statement on **concerns** about speaking to the children about consent, bodies, sex, and sexuality?

Statements	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I don't have enough information to speak about these topics with the children.					
I haven't reached an agreement with the childrens' other caregiver(s) around what should be discussed with them.					
I am concerned that the children may discuss what they learn about these topics with other children and get in trouble.					
I am concerned that learning about these topics would make the children interested in sex prematurely .					
I am concerned that if I talk to the children about these topics, they will be more likely to engage in sexual activity .					
I don't know what age would be appropriate to discuss these topics with the children.					
I feel shame or guilt when trying to speak with the children about these topics.					
My religious beliefs disapprove of discussing these topics with the children.					

10. Please share other concerns you may have about speaking to the children about consent, bodies, sex, and/or sexuality.

11. How strongly do you agree with each statement on **conversations you have already had** with the children about consent, bodies, sex, and sexuality?

Statements	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
We've had conversations about <i>consent, setting boundaries, and accountability.</i>					
We've had conversations about <i>the children's body and how it is similar to or different from other people's bodies.</i>					
We've had conversations about <i>how the children's body will change during puberty.</i>					
We've had conversations about <i>love, relationships, marriage, and relationship styles (monogamy, non-monogamy, etc.).</i>					
We've had conversations about <i>desire, pleasure, and sex.</i>					
We've had conversations about <i>gender identity, gender expression, and sexual orientation.</i>					
We've had conversations about <i>the relationship between sex(uality), race, gender, class, ability, and body image.</i>					
We've had conversations about <i>STI and pregnancy prevention methods, and options to treat or cure STIs, and options to continue or end a pregnancy.</i>					
We've had conversations about <i>sexual harassment, sexual assault, verbal and emotional abuse, and rape.</i>					
We've had conversations about <i>resources (people, books, websites, etc.) that the children can use to gather more information.</i>					

12. Please share other related topics to consent, bodies, sex, and sexuality that you have discussed with the children.

13. Comprehensive sex education is broadly defined as sex education that includes age-appropriate physical, mental, emotional, and social dimensions of human sexuality. Do you think you have had the resources to teach the children comprehensive sex education?

- I have had enough resources.
- I have had some resources, but needed more.
- I did not have enough resources.
- I did not have any resources.

14. If you are a survivor of child sexual abuse or other forms of sexual violence, have you disclosed that to the children? If yes, why? If no, why not?

15. How strongly do you agree with this statement? "Comprehensive sex education can help prevent and possibly end child sexual abuse." Please add your comments about this statement below.

- Strongly Agree
- Agree
- Unsure
- Disagree
- Strongly Disagree

Comment: